

## ANNA UNIVERSITY SPORTS BOARD ANNA UNIVERSITY : CHENNAI-25

**3**: 091 - 44 - 2235 8116

Telefax: 091 - 44 - 2235 8112 Email: ausb@annauniv.edu

Prof.Dr. S. Swamynathan Chairman, AUSB

Ref. No. 063/AUSB/2021-22

.09.2021

## CIRCULAR

The FIT INDIA Movement was launched on 29th August, 2019 by the Honourable Prime Minister with a view to make fitness as an integral part of our daily lives. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle. Anna University Sports Board has been taking various initiatives and conducting events to spread awareness on physical well-being and to promote fitness through focused campaigns, making fitness accessible to every person in the University.

In this connection, a Fit India Freedom Run 2.0 is organized on 26<sup>th</sup> September 2021 at 7.00 AM. The starting point will be Anna University main campus sports complex. The Run Categories would be 5 km and 3 km. The distance to be covered is within the main campus of the Anna University.

All the interested teaching, non-teaching staff members and students are welcome to take part in this Freedom Run towards promoting an active lifestyle within the campus.

All the registered participants will be provided with an appreciation certificate after successfully completing the Freedom Run. Refreshments will be provided. The registration for the event is available through the following link / mobile numbers, on or before 25<sup>th</sup> September by 12.00 Noon.

Registration Link: <a href="https://forms.gle/LtPxtyuDkDzeuQcZ9">https://forms.gle/LtPxtyuDkDzeuQcZ9</a>

Mobile: ADPE/Deputy Chairman (9677017177 / 9176194668 / 9600953947)

CHAIRMAN, AUSB

## Copy to

- 1. All the Deans (CEG / ACT / SAP / MIT Campuses)
- 2. The Director, RCC with a request to mail to all the staff members of Anna University through RCC website
- 3. All the Head of the Departments
- 4. The Co-ordinators of NCC / NSS / YRC
- 5. The P.S. to Vice-Chancellor / PA to Registrar